

The Hug Song (in the time of COVID-19)

parody by Vicki and Ray Epstein (with apologies to Fred Small and Rebecca Wright and Donald McKay).

CHORUS

**You cannae hug (*cannae hug*), when you say hello
You cannae hug (*cannae hug*), when it's time to go
You cannae hug (*cannae hug*) though everyone knows that hugging is good for you**

**You cannae hug (*cannae hug*), though it's a wonderful feeling
Cannae hug (*cannae hug*), though it helps with the healing
Cannae hug (*cannae hug*), though hugging feels like the natural thing to do**

Well the scientists state we have to isolate, 'cos hugging is no good
It's a 1-in-100 year world pandemic, so we can't do what we could
Cough and sneeze in your elbows please, and wash your hands with care
You can type, you can Skype, you can shop online
But huggers must beware (no way)

CHORUS

**You cannae hug (*cannae hug*), when you say hello
You cannae hug (*cannae hug*), when it's time to go
You cannae hug (*cannae hug*) though everyone knows that hugging is good for you**

**You cannae hug (*cannae hug*), though it's a wonderful feeling
Cannae hug (*cannae hug*), though it helps with the healing
Cannae hug (*cannae hug*), though hugging feels like the natural thing to do**

Mr Morrison wants us all to flatten the curve, so we beat COVID-19
Keep 1.5 metres from your mates, and wipe your benchtops clean
Now everyone's making artisan bread, and learning ancient Greek
You can Zoom with family far away
But you can't kiss on the cheek (no way)

CHORUS

**You cannae hug (*cannae hug*), when you say hello
You cannae hug (*cannae hug*), when it's time to go
You cannae hug (*cannae hug*) though everyone knows that hugging is good for you**

**You cannae hug (*cannae hug*), though it's a wonderful feeling
Cannae hug (*cannae hug*), though it helps with the healing
Cannae hug (*cannae hug*), though hugging feels like the natural thing to do**

You can work from home in your old PJs, with a glass or three of gin
You can post funny videos about your dog, or dress-up to take out the bin
You can wave to neighbours over backyard fences
You can exercise with a friend
But hugging is definitely forbidden
Until this crisis ends (no way)

CHORUS x 2

**You cannae hug (*cannae hug*), when you say hello
You cannae hug (*cannae hug*), when it's time to go
You cannae hug (*cannae hug*) though everyone knows that hugging is good for you**

**You cannae hug (*cannae hug*), though it's a wonderful feeling
Cannae hug (*cannae hug*), though it helps with the healing
Cannae hug (*cannae hug*), though hugging feels like the natural thing to do**

Finish - I need a hug....